



Dover

September

Please contact 01227 7880211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
11am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6.30pm Depression/Anxiety		
9	10	11	12	13	14
	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
6pm Peer support Group					
16	17	18	19	20	21
11am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6.30pm Depression/Anxiety		
23	24	25	26	27	28
	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	12am – 4pm Team Gaming
6pm Peer support Group					
30	1	2	3	4	5
11am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6.30pm Depression/Anxiety		



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