



Thanet

August

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	01	02
		1:00pm Depression group The Kitchen CT9, Margate		
05	06	07	08	09
		10:30am Depression group Vinyl Head Café, Ramsgate		
12	13	14	15	16
		1:00pm Depression group The Kitchen CT9, Margate		
19	20	21	22	23
	11:00 am Explorers group Spitfire & Hurricane Memorial Museum, Manston	10:30am Depression group Vinyl Head Café, Ramsgate		
26	27	28	29	30
		1:00pm Depression group The Kitchen CT9, Margate.		

Take Off, 34 Military Road, Canterbury, CT1 1LT



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