



Shepway

June

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
				11.30 Cooking Folkestone Methodist Church Hall
10	11	12	13	14
	4pm Depression and Bipolar Touchbase Care			11.30 Cooking Folkestone Methodist Church Hall
17	18	19	20	21
11.30 Hythe Peer Support Location TBD			11.30 Folkestone Peer Support Café Suna, Folkestone	11.30 Cooking Folkestone Methodist Church Hall
24	25	26	27	28
	4pm Depression and Bipolar Touchbase Care			11.30 Cooking Folkestone Methodist Church Hall

Take Off, 34 Military Road, Canterbury, CT1 1LT



www.takeoff.works

01227 788 211

office@takeoff.works

