



Thanet

February

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	1	2
4	5	6	7	8	9
		10:30am Wellbeing group Vinyl Head café, Ramsgate			
	1:30pm Relaxation group union studio, Margate				
11	12	13	14	15	16
10:30am Wellbeing group Vinyl Head Café, Ramsgate			10:30am Creative group Cliffs café, Margate		
18	19	20	21	22	23
	1:30pm Relaxation group Union Studio, Margate				
25	26	27	28	1	2
10.30am Wellbeing group Vinyl Head Café, Ramsgate			10:30am Creative group Cliffs café, Margate		

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