



# Dover

# March

Please contact 01227 788 211 before attending any groups for the first time.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	1	2
	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
4	5	6	7	8	9
11am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
			6:30pm Depression/Anxiety		
11	12	13	14	15	16
1pm Film Appreciation	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
6pm Wellbeing Group					
18	19	20	21	22	23
11am Creative Art	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	11am – 5pm Team Gaming
			6:30pm Depression/Anxiety		
25	26	27	28	29	30
1pm Film Appreciation	2pm IT Group		2pm Cooking Group	12pm Computer Recycle	
6pm Wellbeing Group					

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