



South Kent Coast

01227 788 211

www.takeoff.works

office@takeoff.works

November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2pm Cooking Group Take Off, Granville Street 6:30 Depression/Anxiety Take Off, Granville Street	2 11:30 Cooking Group Folkestone Methodist Church	3
5 11:30 General Support Group Cheriton 1pm Photography Group Take Off, Granville Street 6pm Wellbeing Group Take Off, Granville Street	6 3:30 IT Group Take Off, Granville Street	7	8 12:00 General Support Group Folkestone 2pm Cooking Group Take Off, Granville Street	9 11:30 Cooking Group Folkestone Methodist Church	10
12 11am Creative Art Take Off, Granville Street	13 3:30 IT Group Take Off, Granville Street	14 11:30 General Support Group Folkestone	15 2pm Cooking Group Take Off, Granville Street 6:30 Depression/Anxiety Take Off, Granville Street	16 11:30 Cooking Group Folkestone Methodist Church	17
19 11:30 Hythe Support Group Age UK Café, Stade Street 1pm Photography Group Take Off, Granville Street 6pm Wellbeing Group Take Off, Granville Street	20 3:30 IT Group Take Off, Granville Street	21	22 11:30 General Support Group Folkestone 2pm Cooking Group Take Off, Granville Street	23 11:30 Cooking Group Folkestone Methodist Church	24 11am- 5pm Team Gaming Take Off, Granville Street
26 11am Creative Art Take Off, Granville Street	27 3:30 IT Group Take Off, Granville Street	28	29 11:30 General Support Group Folkestone 2pm Cooking Group Take Off, Granville Street 6:30 Depression/Anxiety Take Off, Granville Street	30 11:30 Cooking Group Folkestone Methodist Church	
Green- Dover Orange- Folkestone		Please contact 01227 788 211 before attending any group. To contact the Take Off Dover building phone 01304 205 555.			



