



Ashford - Faversham

November

01227 788 211

www.takeoff.works

office@takeoff.works

Monday	Tuesday	Wednesday	Thursday	Friday
			1 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	2
5	6 3:30 Mood Group Ashford Live Well Centre	7	8 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	9
12	13	14	15 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	16
19	20 3:30 Mood Group Ashford Live Well Centre	21	22 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	23
26	27	28	29 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	30



Please contact 01227 788 211 before attending any group.