

## Thanet

## January

01227 788 211

www.takeoff.works

office@takeoff.works

Monday	Tuesday		Wednesday	Thursday	Friday
		1	2	3	4
7		8		10	11
	10:30 Creative group Cliffs Café, Margate		10:30am Wellbeing group Vinyl Head Café, Ramsgate		
14		15	16	17	18
10:30am Wellbeing group Vinyl Head Café, Ramsgate			Thanet Explorers		
24		22	22	24	25
21	10:30 Creative group Cliffs Café, Margate 1:30 Relaxation group Union Studio, Margate	22	23 10:30am Wellbeing group Vinyl Head Café, Ramsgate	24	25
28		29	30	31	
10:30am Wellbeing group Vinyl Head Café, Ramsgate			Thanet Explorers		take off for physical & "

Please contact 01227 788 211 before attending any group.



