



Ashford - Faversham- Herne Bay

January

01227 788 211

www.takeoff.works

office@takeoff.works

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 2:30 Beginners Body and Mind Ashford Live Well Centre	4
7	8	9	10 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	11
14	15 3:00 Mood Group Ashford Live Well Centre	16	17 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	18
21	22 2:00 Coastal Creative (art) Beach Creative, CT6 5PT	23	24 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	25
28	29 3:00 Mood Group Ashford Live Well Centre	30	31 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	



Please contact 01227 788 211 before attending any group.