



Ashford - Faversham

December

01227 788 211

www.takeoff.works

office@takeoff.works

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---|-----------|---|--------|
| 3 | 4 3:30 Mood Group Ashford Live Well Centre | 5 | 6 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone) | 7 |
| 10 | 11 | 12 | 13 2:30 Beginners Body and Mind Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone) | 14 |
| 17 | 18 3:30 Mood Group Ashford Live Well Centre | 19 | 20 2:30 Beginners Body and Mind Ashford Live Well Centre | 21 |
| 24 | 25 | 26 | 27 2:30 Beginners Body and Mind Ashford Live Well Centre | 28 |
| 31 | | | | |



Please contact 01227 788 211 before attending any group.