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September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					10:00 Gardening Canterbury	PSCG
3	4	5	6	7	8	9
	11:00 Bipolar group	12:00 Northgate Cooking	2:30 Yoga Ashford Live Well Centre	11:00 Northgate Computers		PSCG
	4:00 Depression group		3:00 Gardening Faversham Millfield Allotment (phone)			
			6:30 ASD group			
10	11	12	13	14	15	16
12:30 Womens' Creative group	3:30 Mood group Ashford Live Well	12:00 Northgate Cooking	3:00 Gardening Faversham Millfield Allotment (phone)	11:00 Northgate Computers	10:00 Gardening Canterbury	PSCG
4:00 Young PS Group			6:30 Depression group			
17	18	19	20	21	22	23
3:30 Healthy Eating (for eating disorders)	11:00 BPD group	12:00 Northgate Cooking	2:30 Yoga Ashford Live Well Centre	11:00 Northgate Computers		PSCG
	4:00 Depression group		3:00 Gardening Faversham Millfield Allotment (phone)			
24	25	26	27	28	29	30
12:30 Creative group		12:00 Northgate Cooking	3:00 Gardening Faversham Millfield Allotment (phone)	11:00 Northgate Computers	10:00 Gardening Canterbury	PSCG
			6:30 Depression group			