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# July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 PSCG
2	3	4 12:00 Northgate Cooking	5 2:30 Yoga Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone) 6:30 ASD group	6 11:00 Northgate Computers	7 10:00 Gardening Canterbury	8 PSCG
9 12:30 Womens' Creative group 4:00 Young PS Group	10 11:00 BPD group	11 12:00 Northgate Cooking	12 3:00 Gardening Faversham Millfield Allotment (phone) 6:30 Depression group	13 11:00 Northgate Computers 2:30 Bipolar group	14	15 PSCG
16 3:30 Healthy Eating (for eating disorders)	17	18 12:00 Northgate Cooking	19 2:30 Yoga Ashford Live Well Centre 3:00 Gardening Faversham Millfield Allotment (phone)	20 11:00 Northgate Computers	21 10:00 Gardening Canterbury	22 PSCG
23 12:30 Creative group	24	25 12:00 Northgate Cooking	26 3:00 Gardening Faversham Millfield Allotment (phone) 6:30 Depression group	27 11:00 Northgate Computers 2:30 Bipolar group	28	29 PSCG